

## My Personal Advocacy Plan

Take a moment to reflect on what you've learned today and how you'll take action moving forward. This plan is your personal takeaway to guide your next steps as a youth advocate.

1. Cause I care about:

2. Why it matters to me:

3. Which commitment I'll lead with first (from the 7 Commitments):

4. My affirmation (write a sentence you'll say to yourself when doubt shows up):

5. One action I can take this week to get started:

6. One person or group I will share this with:

