

# Community Resource Handbook

What are you looking for?

- ♦ Small household items
- ♦ Furniture
- ♦ Clothing
- ♦ Food Pantries

Do you want to get involved in your community?

- ♦ Boys and Girls Club
- ♦ YMCA
- ♦ Boise Parks and Recreation

Do you need Financial Assistance with a Medical Provider?

Look inside for more resources and details.



# Community Resource Handbook

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# FAFSA Information

(Free Application for Federal Student Aid)

## THINGS YOU SHOULD DO FIRST:

♦ It is highly recommended that any applicant make an appointment with the a school counselor to make educational plans and to learn which classes to take and are FAFSA approved.

## THINGS YOU WILL NEED:

Before you can apply for financial aid, you will need a few things:

### ♦ A Social Security Number-

The number is found on your social security card. If you do not have one or you lost it, go to the Social Security Administration at 1249 S Vinnell Way #101, Boise, ID 83709, or visit their site <https://www.ssa.gov/ssnumber/>.

### ♦ Most Recent Tax Return-

If you are under 24 years old, you will need to use your parents last tax return. The return should also list any nontaxable income, such as child support, interest income, and non-educational benefits.

### ♦ Record of your Assets (Money)-

Savings account and checking account balances; value of and investments.

### ♦ List of Schools You Are Interested in Attending-

Select the schools you are interested in attending, even if you have not been accepted yet.

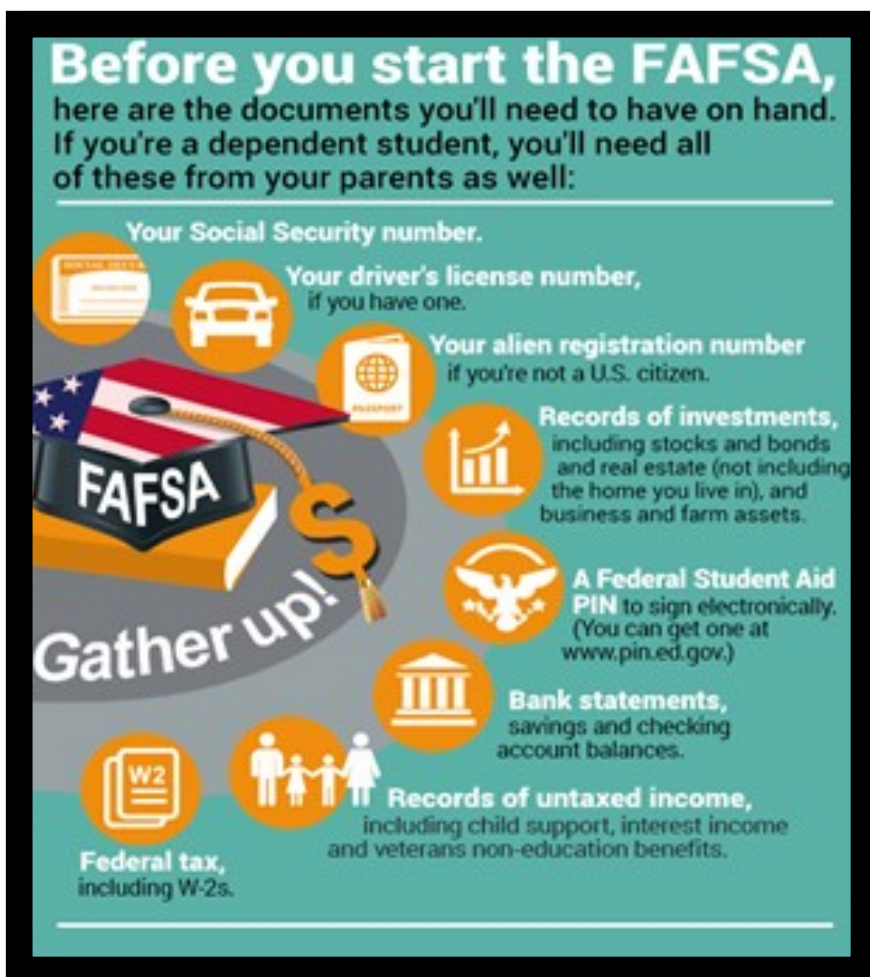
### ♦ Driver's License Number- (If applicable)

## HOW TO APPLY FOR FAFSA:

♦ Go to the website called [studentaid.gov](https://studentaid.gov) and navigate to the page, Filling out the FAFSA Form, <https://studentaid.gov/apply-for-aid/fafsa/filling-out>.

♦ You will learn about the how it works, understanding aid, types of financial aid, eligibility, deadlines, filling out the form, and much more.

♦ Check out the site to learn more, <https://studentaid.gov/h/understand-aid>.



## FAFSA (Free Application for Student Aid)

**Mission:** To help students and parents receive financial help from the government to help pay for college intuition. The type of financial aid you might receive are loans, scholarships, grants, and work studies.

### How to access FAFSA

To start an application, go to <https://studentaid.gov/h/apply-for-aid/fafsa>.

Create an FSA ID, a username, and password combination that allows you to sign your FAFSA form electronically. This also lets you access your FSA ID and can be used to access myStudentAid application, sign loan contracts, and access certain information online.

Once you have done that it will ask whether you are a student or parent applying for FAFSA you will click on the one that applies to you and for future reference when you come back to it, it will ask you the same question. After you have done that financial aid application will be asking you for information about yourself. You will need to gather and have the necessary documents with you such as your social security, you and your parents. You will also need your driver license and your Alien Registration number if you are not a U.S. citizen, you will need your taxes. They will ask you to get your transcript from your high school, any award documents that you have been given

Once you have answered the questions on the application it will ask you to sign the application whether it's you or your parents. After this you will have to wait whether you have been accepted for the financial assistance you have asked for. They could also email back asking you for more information about yourself. You will be getting an email from your school and financial aid whether you have been accepted for that loan. If you need help doing it step by step in person, you could go to the school you applied for and ask a financial advisor for further help.



# Requirements for an Idaho Driver's License

## **New Applicants**—individuals who:

- Have never been licensed in Idaho or any jurisdiction
- Are returning to Idaho after getting a driver's license or ID card in another jurisdiction
- Are surrendering a license from another jurisdiction
- Have an Idaho driver's license that has been expired for 25 months or more.

If you are a new applicant for an Idaho credential, you are required to provide the following to the county driver's license office:

- Proof of Age and Identity—state issued driver's license, passport, or U.S. certified birth certificate.
- Social Security Card or Number Verification
- Proof of Idaho Residency
- Acceptable Lawful Presence Documents (if applicable)
- Visual/Medical Certification (if applicable)
- Driver Training Completion (if under 17 years of age)
- Liability Signer (if under 18 years of age)
- Verification of School Compliance – VOC (if under 18 years of age)

## **Required testing—**

- Medical/Visual Screening—must meet a minimum standard of 20/40 vision in at least one eye.
- Knowledge test on Idaho traffic laws  
**IF YOU FAIL A KNOWLEDGE TEST, YOU MUST WAIT THREE (3) DAYS TO RETEST. YOU WILL ALSO BE REQUIRED TO PAY THE KNOWLEDGE TEST FEE AGAIN.**
- Skills test—You must pass the Class D knowledge test before taking the Class D skills test except for those under 17 years of age who are participating in the graduated driver's training program and are on a Supervised Instruction Permit (SIP).  
**IF YOU FAIL A SKILLS TEST, YOU MUST WAIT THREE (3) DAYS TO RETEST. YOU WILL ALSO BE REQUIRED TO PAY BOTH SKILLS TEST FEES AGAIN (COUNTY AND SKILLS TEST EXAMINER).**

## **Required documents to bring for the skills test:**

- **Proof of identity**
- **Vehicle Permission to use the vehicle for the skills test**
- **Vehicle Insurance**
- **Vehicle Registration**
- **Skills Test receipt**
- **Skills test Evaluation form**

Information pulled from the Idaho Driver's Handbook, which is published by the Idaho Transportation Department Division of Motor Vehicles. Visit online at [itd.idaho.gov/dmv](http://itd.idaho.gov/dmv).

## How to get your first SOCIAL SECURITY CARD

Documents needed to apply for a social security card

**1.Citizenship**—the Social Security Office can only accept certain documents as proof of U.S. citizenship, which are U.S. birth certificate and/or a U.S. passport

**2.Age**—You must present your birth certificate, if one exists. If a birth certificate does not exist, we may be able to accept your

- ◆ Religious record made before the age of five showing your date of birth
- ◆ U.S. hospital record of your birth
- ◆ U.S. passport
- ◆ Anyone age 12 or older requesting an original Social Security number (SSN) must appear in person for an interview.

**3.Identity**—acceptable documents are

- ◆ U.S. driver's license.
- ◆ State-issued non-driver identification card.
- ◆ U.S. passport

If you do not have one of these specific documents or you cannot get a replacement for one of them within 10 days, we will ask to see other documents. Any documents submitted, including the following, must be current (not expired) and show your name, identifying information (date of birth or age) and preferably a recent photograph:

- ◆ Employee identification card.
- ◆ School identification card.
- ◆ Health insurance card (not a Medicare card).
- ◆ U.S. military identification card.

(Reference: Steps and information on how to get your social security card was gathered from the Social Security Administration website: <https://www.ssa.gov/ssnumber/ss5doc.htm>)



# Food Resources

By Demi Baird

## How To Apply For Food Stamps:



Supplemental Nutrition Assistance Program (SNAP)

### Are you eligible?

- Must be a legal citizen
- Must be a resident of Idaho
- Household income less than \$5,000
- Must have a job or working with an employment and training program

### Monthly Income Limits for SNAP

Household Size	Income
1	\$1,396
2	\$1,888
3	\$2,378
4	\$2,871
5	\$3,363
6	\$3,855
7	\$4,839
8	\$4,839
Additional member	+\$492

(December 2021)

### How you can apply:

Phone: 1-877-456-1233

Email: MyBenefits@dhw.idaho.gov

Fax: 1-866-434-8278

Address: Self-Reliance Programs, PO Box 83720, Boise, ID 83720-0026

Have the following information:

- ID card
- Household income and resources
- Housing costs

- Current monthly expenses
- If applicable, immigrant status

As well as a completed application form found on their website:

<https://publicdocuments.dhw.idaho.gov/WebLink/DocView.aspx?id=1577&dbid=0&repo=PUBLIC-DOCUMENTS>

### How do I know I got accepted?

You will be notified in regard to your approval. You then will receive an EBT card within 10-14 business days with a letter.

Then each month your EBT card will be automatically loaded within the first 10 days of every month with the approved amount of money. The specific day that your card will be loaded depends on your birth year, for example, if your birth year is 1995 yours will be on the 5<sup>th</sup> day of the month.

(<https://healthandwelfare.idaho.gov/services-programs/food-assistance/apply-snap>)

## How to Apply for WIC



Women's, Infants and Children (WIC)

### What is WIC?

WIC is a nutrition program that is beneficial to women who are pregnant, new mothers, infants, and children up to the age of 5.

### Are you Eligible?

- A resident of Idaho
- Meet income guidelines
- Pregnant women
- Breastfeeding women
- Women who had a baby within the last 6 months
- Parents, stepparents, guardians, and foster parents of infants and children up to the age of 5

Income Guidelines (December 2021)

Household Size	Per Week	Per Month	Per Year
1	\$459	\$1,986	\$23,828
2	\$620	\$2,686	\$32,227
3	\$782	\$3,386	\$40,626
4	\$943	\$4,086	\$49,025
Additional member			+\$8,399

Pregnant woman = 2 people

Find your local WIC clinic

#### Southwest District Health (Caldwell, Nampa)

- <https://phd3.idaho.gov>
- Phone: 208-455-5300

#### Central District Health (Boise, Mountain Home)

- <http://www.cdhd.idaho.gov/>
- Phone: Boise 208-327-7400 Mountain Home 208-587-4409

You will set up an appointment and bring the following things:

- Each person who is applying
- ID for yourself and the children (birth certificates, crib card for newborns, driver's license, etc.)
- Proof of residence, must be current within 30 days (a letter, utility bill, driver's license, or rent receipt)
- Immunization records of children
- If your infant or child uses diapers, bring an extra one
- Confirmation of your pregnancy, if you are expecting. (a statement from a healthcare provider showing your baby's due date)
- Proof of income for your entire household (bring proof of all money received in your household for the past 30 days)

(<https://healthandwelfare.idaho.gov/services-programs/food-assistance/apply-wic>)

## Food Banks Near Me

Nampa/ Caldwell

### St. Vincent de Paul Food Pantry

Address: 3719 Cleveland Blvd, Caldwell, ID 83605

Hours: Open Wednesday only from 11:30am-2:30pm

### Food Distribution Center- Seventh Day Adventist- Caldwell

Address: 2216 E Linden St, Caldwell, ID 83605

Phone: 208-454-3549

Hours: Monday 2:30pm-5pm and Tuesday 10am-12:30 pm

### Oasis Food Center

Address: 506 Simplot Blvd, Caldwell, ID 83605

Phone: 208-459-6000

Hours: Wednesday 12pm-2pm and Thursday 4pm-6pm

### Care House Food Bank

Address: 1524 6<sup>th</sup> St S, Nampa, ID 83651

Phone: 208-466-3549

Hours: Saturday, Tuesday, and Thursday 12:20pm-4pm

### Salvation Army

Address: 403 12<sup>th</sup> Ave S, Nampa, ID 83651

Phone: 208-467-6586

Hours: Monday- Thursday 9am-11:45am and 12:30pm- 4pm

### Nampa First Church of the Nazarene

Address: 601 6<sup>th</sup> Ave S, Nampa, ID 83651

Phone: 208-466-3549

Hours: Monday- Thursday 9am- 3pm



## Transportation Resources

**Valley Regional Transit** (VRT)-Help Desk (208)345-7433, [valletregionaltransit.org](http://valletregionaltransit.org)

Operating Hours: Varies, depending on route number. The route information listed below is route #9, State Street and Gary Lane, Boise

Monday-Friday 5:45 am - 9:45 pm

Saturday 7:45 am - 8:45 pm

Fares: Youth ages 6-18 years of age (Purchase tickets on the bus or on a mobile app, Valley Connect App)

One-way (single-route) \$0.75

All-day pass \$1.25

31-day pass \$21.00

One Year Pass \$282



*Please check the website for up-to-date schedules and fares.*

**Boise Bicycle Project**, 1027 South Lusk Street, Boise, ID. (208)429-6520, [info@boisebicycleproject.org](mailto:info@boisebicycleproject.org), website <https://www.boisebicycleproject.org/>

Shop Hours:

Closed Monday and Tuesday

Wednesday-Friday 11 am-6 pm

Saturday-Sunday: 11 am-5 pm



The Boise-based program has *Youth Bike Giveaways* for kids ages 4-11 and teens 12-18. Please navigate to the website to sign-up for the giveaways. Also, due to the pandemic, please check the website frequently for bike classes and bike availability.

**UBER**-How to use Uber for the first time. Check the website:

<https://www.uber.com/en-AE/blog/how-to-use-uber-for-the-first-time/>

- Download UBER app
- Open app
- Type destination into the “Where to?” section
- Tap “request”
- Wait for request to be accepted and check the estimated time of arrival
- Wait for driver. You can check their location on the in-app map

To attain additional and up-to-date information, visit their websites.

## SUPPORT GROUPS

### Idaho Youth Ranch

**Mission:** We unite for Idaho's youth by providing accessible programs and services that nurture hope, healing, and resilience.

**Need Help:** Idaho Youth Ranch offers residential care as well as outpatient therapy for adolescents and young adults. They provide a variety of options for an individual's needs including Cognitive behavioral Therapy (CBT), Family Therapy, Equine Therapy, Dialectical Behavioral Therapy (DBT), Eye Movement Reprocessing and Desensitization (EMDR) and much more. They also provide shelter for those in need. They help young adults ages 9 to 24 including the families with proven therapies designed to address dangerous behaviors or troubling feelings or experiences through proper treatment. The Idaho Youth Ranch helps with children's education; help guide children who are alone and in need of help.

**Values:** Relationships, Commitment, Growth, Compassion, Transparency, and Joy.

**Leadership:** There are many executive staff and board of directors and more than 400 employees statewide with the passion, vision, and expertise to lead the charge of changing Idaho for the better, one kid at a time

**History:** Founders: Reverend James Crowe and Ruby Carey

First Idaho Youth Ranch thrift store was opened in 1983 to generate revenue for programs that supported kids. Today many stores have been opened across the states and they continue to help support kids in many ways.

**Help and contact info:** General Help Inquiries – Corporate Office: 5465 W. Irving ST. Boise, ID 83706; Office Hours: 8 am-5 pm, M-F; (208) 377-2613; Fax: (208) 672-0324

**YOU ARE NOT ALONE: If you know of a child in need of help call (208) 947-0863**

### Ambitions of Idaho-Behavioral Health & Development Disabilities Services

Ambitions of Idaho offers a variety of support and treatment as a resource for learning and growth for youth and adults.

**Phone Number:** (208) 466-7443

**Groups Availability:** All Locations-Boise, Idaho Falls, Coeur d'Alene, and Nampa.

**Cost:** \$20 per group and is covered by Medicaid

**Group Information:**

Eye of the Storm: Finding Center in Anger-Ambitions of Idaho has a 12-week course for those who have experienced trouble due to their temper or underlying anger. This class is geared for those adults who are struggling in their lives.

Substance Use Treatment Group: Learn to manage the unique challenges of addiction and use. Cope with emotions in a positive way. Cost is \$20.00 per group and is covered by Medicaid

**For Emergencies:** 24 Hour Crisis Intervention. **Treasure Valley (208) 794-2379, or Coeur d'Alene (208) 699-9382**, if you or someone you know is in need of help.

# PRO - Social Activities

## Parks & Recreations

**Mission:** Enhance Boise's quality of life by working in partnership with the community to foster and support citizen well-being and healthy community environments

**Adaptive Recreation:** Boise Parks and Recreation's Adaptive Recreation program provides a wide range of recreational, social, and educational programs for youth and adults with disabilities. Inclusion services are included so individuals with disabilities can participate in all of Boise Parks and Recreation's activities.

Program offers classes, camps, outdoor trips, and recreation activities designed for youth, teens and adults with disabilities.

**Registration Information:** All programs require advance registration. To register call (208) 608-7680 or visit Fort Boise Community Center, 700 N. Robbins Rd., or via [online registration system](#).

**Newsletter:** To receive the AdVenture Newsletter, go online to [newsletter link](#) and sign up to receive the AdVenture Newsletter, or call (208) 608-7680 to receive a hard copy in the mail.

## **Treasure Valley Family YMCA**

**Mission:** We strengthen the foundations of community by developing successful youth, engaging people in healthy living, and instilling a commitment to social responsibility.

**Locations:** Caldwell YMCA, 3720 S Indiana Ave., Caldwell, ID 83605, (208) 454-9622

Downtown YMCA, 1050 W State St. Boise, ID 83702, (208) 344-5501

Tomlinsons South Meridian YMCA, 5155 S. Hilldale Ave., Meridian, ID 83642, (208) 331-9622

**Course and Mission:** The YMCA (Y) is committed to strengthening communities. Work with the neighbors to make sure everyone regardless of age, income, or background, has the opportunity to have the Y experience.

**Youth Development:** Child care, preschool, before and after school, sports, fitness, arts, education, leadership, and camp programs.

**Health Living:** Through the YMCA's Treasure Valley facilities hundreds of programs, youth, adults, and families have access to endless opportunities to achieve healthy living.

**Social Responsibility:** Providing support of all ages to help them reach their potential and live a healthy and happy life.

## **YMCA Fees**

Membership fees are based on median household income for each location. For additional information on membership fees, [click on the link](#)

Membership Package	Joining Fee	Monthly Recurring
2-Person Family: 2 adults in a domestic relationship or 1 adult and 1 dependent child age 23 or younger.	\$45.00	\$ 63.90/mo.
Single Adult 19-29	\$30.00	\$ 31.90/mo.
Single Adult 30-64	\$30.00	\$ 45.90/mo.
Single Adult 65+	\$30.00	\$ 42.90/mo.
Family: 1 or 2 adults in a domestic partnership and their dependent children ages 23 or younger	\$60.00	\$ 77.90/mo.
Program Member: Non-active member used to register for YMCA programs	\$0.00	FREE
Youth (1) 10-18: Single youth age 10-18. An inactive adult age 18 or older is required on this membership.	\$0.00	\$ 26.90/mo.
Youth (2) 10-18: 2 youth members age 10-18. An inactive adult age 18 or older is required on this membership.	\$0.00	\$ 53.80/mo.

## **Boys and Girls Club**

**Mission:** To enable all young people, especially those who need it most, to reach their full potential as productive, caring, responsible citizens.

**History:** Started by three women, Mary Goodwin, Alice Goodwin, and Elizabeth Hammersley, in 1860 who lived in Hartford, Connecticut. They started this for young boys who they thought would benefit from such clubs instead of roaming the streets. It was first called Boys Club until it was changed to Boys and Girls Club in 1990 after young girls had joined. The club then became big all across America helping many become successful.

**Supports:** youth and teens of every race, ethnicity, gender, sexual orientation, ability, socio-economic status, and religion, in reaching their full potential.

**Vision:** Provide a world-class Club Experience that assures success is within reach of every young person who enters our doors, with all members on track to graduate from high school with a plan for the future, demonstrating good character and citizenship, and living a healthy lifestyle.

**Programs:** Sports and Recreation, Education, The Arts, Health & Wellness, Workforce Readiness, and Character & Leadership.

**Clubs Near You:**

[Boys & Girls Clubs of Ada County-Moseley Center](#), 610 E 42<sup>nd</sup> St., Garden City, Idaho, (208) 376-4960

[Koelsch Elementary School](#), 2015 N Curtis Road, Boise, Idaho, (208) 243-8396

[Desert Sage Unit](#), 9325 W Mossywood Dr., Boise, Idaho, (208) 350-4026

[Meridian Boys & Girls Club](#), 911 N Meridian Rd., Meridian, Idaho, (208) 888-5392

[Boys & Girls Clubs of Ada County-Peregrine Unit](#), 1860 W Waltman St., Meridian, Idaho, (208) 639-3156

[Boys & Girls Clubs of Ada County-Kuna Extension](#), 610 N School Ave., Kuna, Idaho, (208) 954-5034

[Boys & Girls Club of Nampa](#), 316 Stampede Dr., Nampa, Idaho, (208) 461-7203

# Thrift Stores: Clothing and Accessories

Buying thrifted clothes is an inexpensive way to find good quality clothes on a budget. Buying clothes in-person is a lot cheaper than buying online because there are no shipping and handling fees. You can also try on clothes to see if they fit, and pay with cash or card unlike online shopping. Always remember to wash your new clothes after purchasing them. Below is a list of thrift stores that are located in Boise, Meridian, Eagle, Nampa, and Kuna with addresses. The prices depend on the brand, condition, and style of clothing being sold. The listed thrift stores provide men, women, and children clothing, shoes, accessories, sports apparel, holiday costumes, and children toys:

## Boise

Assistance League of Boise: (208) 377-4327, Clothing and shoes: \$10.00-\$30.00

5825 N Glenwood St #1343, Boise, ID 83714

Deseret Industries Thrift Store: (208) 375-4681, Clothing and accessories: \$5.00-\$25.00

10740 W Fairview Ave, Boise, ID 83713

Goodwill: Clothing and accessories: \$5.00-\$25.00

1465 S Vinnell Way, Boise, ID 83709, (208) 321-9172

7000 W State St, Boise, ID 83714, (208) 672-2930

Idaho Youth Ranch: Clothes and accessories: \$5.00-\$25.00

10485 W Fairview Ave, Boise, ID 83704, (208) 322-3610

1417 W Main St, Boise, ID 83702, (208) 343-2506

Plato's Closet: (208) 377-9334, Clothes and shoes: \$10.00-\$35.00

8017 W Franklin Rd, Boise, ID 83709

Restyle Animal Rescue Thrift Store: (208) 509-1746, Clothing: \$5.00-\$30.00

625 S Vista Ave, Boise, ID 83705

Savers: (208) 377-2001, Clothing and shoes: \$5.00-\$25.00

10475 W Fairview Ave, Boise, ID 83704

St. Vincent de Paul Thrift Store: Clothes and shoes: \$5.00-\$35.00

6464 W State St, Boise, ID 83714, (208) 853-4921

2160 Broadway Ave, Boise, ID 83706, (208) 853-4921

Uptown Cheapskate: Clothes and accessories: (208) 629-7460, \$10.00-\$40.00

(Children's clothing at Kid-to-Kid thrift store near Uptown Cheapskate location)

1574 N Wildwood St, Boise, ID 83713

## Meridian

Goodwill: (208) 288-4397, Clothing and accessories: \$5.00-\$25.00

1375 E Fairview Ave #100, Meridian, ID 83642

Idaho Youth Ranch: (208) 895-8433, Clothing and accessories: \$5.00-\$25.00

231 N Main St, Meridian, ID 83642

St. Vincent de Paul Thrift Store: (208) 853-4921, Clothes and shoes: \$5.00-\$35.00

213 N Main St, Meridian, ID 83642

## Nampa/ Caldwell

Goodwill: (208) 461-4084, Clothing and accessories: \$5.00-\$25.00

1105 Caldwell Blvd, Nampa, ID 83651

Savers: Clothing and shoes: (208) 463-0576, \$5.00-\$25.00

1560 Caldwell Blvd, Nampa, ID 83651

Deseret Industries Thrift Store: (208) 465-0722, Clothing and accessories: \$5.00-\$25.00

1370 Caldwell Boulevard, Nampa, ID 83686

St. Vincent de Paul Thrift Store: Clothes and shoes: \$5.00-\$35.00

1403 2nd St S. Nampa, ID 83651, (208) 530-9799

3719 E. Cleveland Blvd, Caldwell, ID 83605, (208) 853-4921

Avenue Thrift Store: (208) 461-4404, Clothing and shoes: \$10-\$25.00

1317 12th Ave Rd, Nampa, ID 83686

### **Kuna**

Grandpa's Attic: (208) 616-8428, Clothing and accessories, \$5.00-\$30.00

451 W Main St, Kuna, ID 83634

### **Eagle**

Idaho Youth Ranch: (208) 939-9107, Clothes and accessories \$5.00-\$20.00

300 W State St, Eagle, ID 83616



## Thrift Stores for Household Items

Many of the listed stores above also provide furniture and other household items. Thrift stores can have couches, shelves, desks, desk chairs, recliners, tables, paintings, mirrors, bedding, art supplies, books, decorations, appliances, kitchen supplies, electronics, toys, toiletries, etc. Always remember to wash anything that is being bought. Prices will depend on the style, brand, and condition of furniture and item. All thrift stores take cash and cards for payment. Here is list of where to buy house hold furniture in Boise, Meridian, Nampa, and Kuna:

### Boise

Savers: (208) 377-2001, Price range \$2.00-\$200.00

10475 W Fairview Ave, Boise, ID 83704

Goodwill: Price range \$2.00-\$150.00

1465 S Vinnell Way, Boise, ID 83709, (208) 321-9172

7000 W State St, Boise, ID 83714, (208) 672-2930

St. Vincent de Paul Thrift Store: Price range \$5.00-\$120.00

6464 W State St, Boise, ID 83714, (208) 853-4921

2160 Broadway Ave, Boise, ID 83706, (208) 853-4921

Deseret Industries Thrift Store: (208) 375-4681, Price range \$5.00-\$130.00

10740 W Fairview Ave, Boise, ID 83713

Thriftology Thrift Store: (208) 375-0408, Price range \$30.00-\$250.00

555 N Orchard St, Boise, ID 83706

The Recycled Room: (208) 939-7711, Price range \$25.00-\$200.00

9115 W Chinden Blvd #102, Boise, ID 83714

### Meridian

Goodwill: (208) 288-4397, Price range \$2.00-\$150.00

1375 E Fairview Ave #100, Meridian, ID 83642

St. Vincent de Paul Thrift Store: (208) 853-4921 Price range \$5.00-\$120.00

213 N Main St, Meridian, ID 83642

### Nampa

Savers: (208) 463-0576, Price range \$2.00-\$200.00

1560 Caldwell Blvd, Nampa, ID 83651

Goodwill: (208) 461-4084, Price range \$2.00-\$150.00

1105 Caldwell Blvd, Nampa, ID 83651

St. Vincent de Paul Thrift Store: Price range \$5.00-\$120.00

1403 2nd St S, Nampa, ID 83651, (208) 530-9799

3719 E, Cleveland Blvd, Caldwell, ID 83605, (208) 853-4921

Deseret Industries Thrift Store: (208) 465-0722, Price range \$5.00-\$130.00

1370 Caldwell Boulevard, Nampa, ID 83686

The Grace Place: (208) 442-0900, Prices range \$10.00-\$200.00

16470 N Franklin Blvd, Nampa, ID 83687

Grandpa's Attic: (208) 616-8428, Price range \$5.00-\$120.00

451 W Main St, Kuna, ID 83634

## Services for Clothing and Household Items

Here are some agencies and stores that will help provide household items and clothing for you. There are also directions that can be read to apply to receive aid and phone numbers to call to apply for aid.

### Operation Round Up:

Must request help from program by finishing a [grant application](#) with the foundation or utility company that holds the program

[Operation Round Up](#) asks electricity users if they want to round their bill up so the extra money can be given to the community for food, shelter, clothing, furniture, etc.

1-800-446-7752; Hours: 8:00 am-5:00 pm

[Apply for Service](#) - Click the link to start applying for services with Operation Roundup

### The Salvation Army Boise Family Service Office and Food Pantry:

9492 W. Emerald St, Boise, ID 83704

(208) 343-5420; Hours: 9:00 am - 3:00 pm

[Overcome Poverty - Boise Corps](#) - Click the link to start applying for services with The Salvation Army

### Mustard Seed Ministries: (208) 733-9515

702 Main Ave N., Twin Falls Idaho

Christian ministry that [helps families](#) with clothing, furniture, and toys.

### St. Vincent De Paul: (208) 311-2208

[Get Help Services](#) - Click the link and choose what service you need help

Here is the link for [furniture and clothing](#).

# Financial Assistance Offered at Hospitals and Emergency Care Facilities

## Definitions/General Information:

Not all hospitals or Doctors' Offices are required to offer financial assistance.

**Sliding Scale Fee:** Typically, this is where healthcare systems offer different prices based on each individual's ability to pay. People who make less would be required to pay less. Do not be afraid to submit an application, as it can only help you.

**Federal Poverty Level (FPL):** This is the official number from the government for poverty. For single individuals in 2021 this is an income of \$12,880 per year or less. The two numbers that matter are your income and the number of people in your official household. Typically, if you are over 18 years old and living on your own, you are your own head of household and probably do not have any dependents.

## Links/Sources:

<https://aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines/prior-hhs-poverty-guidelines-federal-register-references/2021-poverty-guidelines>

## Medicaid:

Medicaid is a program run by state and federal governments that helps provide healthcare coverage for low income Americans. It helps you pay for your doctor visits, hospital stays, and most everything in between.

## Adults who qualify:

Adults with income under 138% of the FPL (\$17,775 per year)

Women diagnosed with breast or cervical cancer with income under 200% of FPL (\$25,760)

Pregnant women with income under 138%

Link for applying in Idaho: <https://idalink.idaho.gov/>

## Links/Sources:

<https://healthandwelfare.idaho.gov/services-programs/medicaid-health/about-medicaid-adults>

<https://healthandwelfare.idaho.gov/services-programs/medicaid-health/adult-medicaid-including-expansion> -This link shows the monthly income limits for various household sizes

<https://healthandwelfare.idaho.gov/health-coverage-assistance-program-income-limits>

### Financial Assistance Summary:

In the event of a medical emergency, all hospitals are required under federal law to stabilize and treat a patient in need. This means that they have to try to save your life and treat you until you're able to be moved. Publicly funded hospital systems, like St. Alphonsus and St. Luke's, are required to offer financial assistance to the uninsured to help pay for care deemed medically necessary. Below is a table summarizing the thresholds (the max amount of money you earn per year) for certain poverty levels and the assistance an uninsured person can expect from either the St. Luke's or St. Alphonsus healthcare systems. For example, if an adult only made \$20,000 last year and had no dependents, like children, then both St. Luke's and St. Alphonsus would potentially cover up to 100% of any medical bills.

Federal Poverty Level	200% or less	201-300%	301-400%
Family Size			
1	\$25,760	\$38,640	\$51,520
2	\$34,840	\$52,260	\$69,680
3	\$43,920	\$65,880	\$87,840
4	\$53,000	\$79,500	\$106,000
5	\$62,080	\$93,120	\$124,160
Hospitals	Coverage by Hospital		
St. Luke's	100%	80%	60%
St. Alphonsus - Boise	100%	70%	70%
St. Alphonsus - Nampa	100%	72%	72%

All healthcare systems require at least one form to be filled out when applying for financial assistance. The forms are usually straightforward, but typically require information about your household income, some identifying information about you, and any insurance/healthcare coverage you might have. Some forms might also ask for supporting documents like your most recent pay stubs or last year's tax return. Do not worry, all places offering health care services are bound by law to protect your privacy and to not share your information. If some forms are not completed or the additional documents not turned in, then they might not offer any financial assistance. Completing the forms is very important. Listed below are Advocates for St. Luke's who can assist with these forms.

#### St. Alphonsus - [Application Link](#)

Business Office:

Local: (208) 367-2130

Toll Free: (866) 626-7272

Where to mail completed applications:

Saint Alphonsus Patient Business Services - Financial Services

34375 W. 12 Mile Road, Farmington Hills, MI 48331

#### St. Luke's - [Application Link](#)

Business Office:

Local: (208) 706-2333

Toll Free: 1-800-342-3432

Where to mail completed applications:

St. Luke's Customer Care

P.O. Box 2578, Boise, ID 83701-2578

**Financial Advocates-** These are real people you can call to find out what services best suit your situation. They are also available to answer any questions you might have while filling out the various forms like financial assistance applications. They can directly help you complete all the necessary forms and decide which additional documents you should turn in.

Boise: (208) 381-1425

Meridian: (208) 706-2147

Links/Sources:

<https://www.acep.org/life-as-a-physician/ethics--legal/emtala/emtala-fact-sheet/>

<https://www.stlukesonline.org/resources/before-your-visit/financial-care>

<https://www.stlukesonline.org/~media/stlukes/documents/financial%20care%20applications/sliding-fee-schedule-2021-english.pdf> -St. Luke's Sliding Scale fee Schedule

<https://www.saintalphonsus.org/for-patients/after-your-visit/financial-services/financial-assistance/>

[https://www.saintalphonsus.org/assets/documents/finance/fa-2021/english-sahs-fa\\_policy.pdf](https://www.saintalphonsus.org/assets/documents/finance/fa-2021/english-sahs-fa_policy.pdf)

EXHIBIT C, on page 23, has the equivalent to St. Luke's sliding scale fee schedule

### **Emergency Care versus Urgent Care:**

In the event of a medical emergency, go to the ER and/or call 911. Urgent Care is typically reserved for when you need to see a doctor but your regular doctor is unavailable. When in doubt, call 911.

### **Emergency Care:**

St. Alphonsus

Boise: 1055 N Curtis Rd, Boise, ID 83706, (208) 367-3221

Nampa-North\*: 4300 E Flamingo Ave, Nampa, ID 83687, (208) 205-1000

Nampa-South\*: 1510 12th Ave Rd #100, Nampa, ID 83686, (208) 205-0700

Eagle: 323 E Riverside Dr #100, Eagle, ID 83616, (208) 367-5300

(\*The only difference between the Nampa-South and Nampa-North ERs is that the Nampa-South does NOT have an MRI. Beyond that, they are equal in the care and services they provide.)

St. Luke's

Boise: 190 E Bannock St, Boise, ID 83712, (208) 381-2235

Meridian: 520 S Eagle Rd, Meridian, ID 83642, (208) 706-1140

Nampa: 9850 W St Luke's Dr, Nampa, ID 83687, (208) 505-2000

### **Urgent Care: St. Alphonsus**

St. Alphonsus has multiple Urgent Care locations throughout the Treasure Valley. Here is the link for their location finder: <https://www.saintalphonsus.org/find-a-location/> Alternatively, you can type "St. Al's Urgent Care" into any search engine or navigation app on your phone, like Google or Apple Maps, and the locations closest to you should appear. Listed below is at least one location for the major cities. Please note locations have varied hours.

Boise: 6051 Emerald St, Boise, ID 83704, (208) 302-5150

Hours: Mon-Fri: 7 am-6 pm, Sat/Sun: 8 am -7 pm

Meridian: 3025 W Cherry Ln, Meridian, ID 83642, (208) 302-6400

Hours: Mon-Fri: 8 am-5 pm

Nampa: 11035 W Karcher Rd, Nampa, ID 83651, (208) 302-6650

Hours: Mon-Fri: 8 am-8 pm, Sat/Sun: 8 am-3 pm

Caldwell: 315 E Elm St #100, Caldwell, ID 83605, (208) 302-7150

Hours: Mon-Sun: 8 am-7 pm

Kuna: 757 E Wythe Creek Ct #100, Kuna, ID 83634, (208) 302-6500

Hours: Mon-Sun: 8 am-7 pm

Star: 10717 W State St, Star, ID 83669, (208) 302-6350

Hours: Mon-Sun: 8 am-7 pm

St. Luke's

St. Luke's only has two Urgent Care locations. Similar to St. Alphonsus, typing "St Luke's Urgent Care" into any search engine or navigation app like Google Maps will work.

Boise: 701 E Parkcenter Blvd, Boise, ID 83706, (208) 381-6500

Hours: Mon-Sun: 8 am-8 pm

Eagle: 3101 E State St, Eagle, ID 83616, (208) 473-3100

Hours: Mon-Fri: 7 am-10 pm, Sat/Sun: 9 am-10 pm

### **Family Medicine:**

The term Family Medicine covers the type of clinic or facility you might visit when you think of going to the doctor for a checkup. This is where you go for standard, non-emergency services/care.

St. Alphonsus: Sliding scale fee application available [here](#).

Family Medicine Health Center:

Sliding Scale fee application available [here](#).

To find forms and submit them online, follow this [link](#)

Main: (208) 514-2500

Main Billing Office: (208) 514-2515

Pharmacy: (208) 514-2512

Boise-Emerald: (208) 514-2510, 6565 W, Emerald St, Boise, ID 83704,

Hours: Mon-Fri: 8 am-5 pm, Sat: 9 am-1 pm

Boise-Raymond: (208) 514-2500, 777 N Raymond St, Boise, ID 83704,

Hours: Mon-Fri: 8 am-5 pm

Boise-Idaho: (208) 514-2525, 325 W Idaho St, Boise, ID 83712,

Hours: Mon-Fri: 8 am-5 pm

Meridian: (208) 514-2520, 2275 S Eagle Rd STE 120, Meridian, ID 83642

Hours: Mon-Fri: 8 am-5 pm

Nampa-North: (208) 514-2509, 9850 W St Luke's Dr Suite 329, Nampa, ID 83687

Hours: Mon-Fri: 8 am-5 pm

Nampa-South: (208) 514-2529, 215 E Hawaii Ave 1st floor, Nampa, ID 83686

Hours: Mon-Fri: 8 am-5 pm

Kuna: (208) 922-5130, 708 E Wythe Creek Ct, Kuna, ID 83634

Hours: Mon-Fri: 8 am-5 pm

Sources/Links:

<https://www.fmridaho.org/patients/contact-us/>

<https://www.fmridaho.org/patients/forms/>

[https://www.fmridaho.org/app/uploads/sites/3/2021/01/SF-App-2020\\_ENGLISH.pdf](https://www.fmridaho.org/app/uploads/sites/3/2021/01/SF-App-2020_ENGLISH.pdf)

<https://www.fmridaho.org/patients/clinic-locations/>

### **Prescription Help:**

GoodRx:

Free to download on App Store and Google Play

Shows Cheapest price around your local area

Pharmacies honor other Pharmacy's lower prices.

Ask for generic brand of medicine if it works

Try to use in-house pharmacies if applicable.

Many pharmacies post their price for commonly prescribed drugs online so you can have your doctor send your prescription to where it is cheaper.

Consider applying for Patient Assistance Programs (PAPs)

Programs run by the companies who make the drug



Typically meant for low-income/uninsured people

No standard enrollment, each program is different

<https://www.needymeds.org/newuser> is a great place to start

Some chain pharmacies like Walgreens have programs that you can join to get discounts on many prescriptions

Walgreens [Club](#) and Kroger [Club](#)

Sources/Links:

<https://www.goodrx.com/healthcare-access/patient-advocacy/what-are-patient-assistance-programs>

<https://www.needymeds.org/>

### Food Resources- Ada County

Note- Some will require ID and/or proof of address, and some can only be visited a certain time period after your last visit. The Idaho Food Bank also refers food pantries specific to your needs. Call (208) 336-9643. Additionally, call 211 for a list of food pantries in your area.

**Agape in Action-** 5232 Fairview Ave, Boise, (208) 685-0612, last Saturday of the month, 1-4 pm (groceries, clothing, toiletries)

**Cathedral of the Rockies-**(Amity campus) 4464 S Maple Grove Rd., Boise, (208) 362-2168, Mondays 5:30-7:30 pm (food bank)

**Calvary Chapel of Boise-** 123 Auto Dr., Boise, (208) 321-7440, Monday-Friday 9:30 am-4:30 pm (non-perishable/some perishable foods, limit 1 visit per month, need ID and fill out a form)

**City Hope Food Pantry-** 8401 W Fairview Ave, Boise, (208) 376-7272, Monday-Thursday 9:30-11:30 am (\$5 donation if able, large box of food, limit 1 visit per week, no ID needed)

**Community Ministries Center-** 3000 N Esquire Dr., Boise, (208) 378-7774, Monday-Thursday, 12 pm-3:15 pm (canned goods, produce, meats, baby items if you call ahead of time, limit 1 visit every 45 days, need ID & proof of address)

**Eagle Food Bank-** 149 W State St, Eagle, (208) 631-0702, 1<sup>st</sup> & 3<sup>rd</sup> Thursday of the month, 10 am-12 pm, last Tuesday of the month, 6-7:30 pm (Eagle and Star residents only)

**El-Ada Community Resource Center Food Pantry-** 2250 S Vista Ave, Boise, (208) 345-2820, Monday-Friday, 8 am-4 pm (food boxes, 2-4 days' worth of food, limit 1 visit every 60 days)

**El-Ada Community Action Partnership Food Pantry-** 701 E 44<sup>th</sup> #2, Boise, (208) 377-0700, Monday-Friday, 8 am-4 pm (food boxes, 2-4 days' worth of food, limit 1 visit every 60 days)

**First Baptist Church Food Bank-** 607 N 13<sup>th</sup>, Boise, (208) 344-7809, Saturdays 9-11am (bread, cans, cheese, butter, milk, some meat, limit 1 visit every 30 days, need ID)

**First Bible Missionary Church-** 375 N Roosevelt St, Boise, (208) 297-8292, Call for Appointment, (non-perishable foods)

**First Presbyterian Church Friendship Food Pantry-** 950 W State St, Boise, (208) 345-3441, Mondays, 5-7 pm (limit 1 visit per month)

**Foothills Christian Church Food Pantry-** 9655 W State St, Boise, (208) 853-0011, Fridays, 12 -2 pm

**Grace Chapel Food Pantry-** 8650 W Fairview Ave, Boise, (208) 375-5515, Wednesdays, 1-3 pm (non-perishables, limit 1 visit per month)

**Heritage Bible Church Food Pantry-** 7071 W Emerald St, Boise, (208) 353-4036, 3<sup>rd</sup> Sunday of the month, 12:30-2:30 pm

**Hope Lutheran Church Food Pantry-** 331 N Linder Rd, Eagle, (208) 939-9181, Monday-Wednesday, 10 am-1 pm

**Horsebit Community Pantry Euclid Church of the Nazarene-** 1308 W Hale St, Boise, (208) 907-5619, Mondays, 4:30-6 pm, Saturdays, 11am-12:30 pm (no ID needed)

**Kuna Community Food Bank-** 260 W 4<sup>th</sup> St, Kuna, (208) 922-4745, Tuesday-Thursday, 1-4 pm (call for appointment, for residents in the Kuna School District, limit 1 visit every 60 days)

**Meridian Food Bank-** 133 W Broadway Ave, Meridian, (208) 888-5102, Monday & Wednesday, 12-6 pm,

Thursday, 12-4 pm (canned/dry goods, produce in season, meat & eggs when available, limit 2 visits per month, need ID & proof of address)

**Mountain View Church of the Brethren-** 2823 N Cole Rd, Boise, (208) 375-0604, Tuesday-Thursday, 10:30 am-1:30 pm

**Salvation Army Food Pantry-** 9492 W Emerald St, Boise, (208) 433-4423, Tuesday-Thursday, 12-4 pm, Fridays 10 am-2 pm (limit 1 visit every 60 days, need ID & proof of address)

**SHIP Food Bank-** 1423 Grove St, Boise (Second Chance Building Materials Center), (208) 331-2707, Saturdays, 10 am-3 pm (limit 1 visit per week)

**St John's Cathedral Food Bank-** 775 N 8<sup>th</sup> St, Boise, (208) 342-3511, Mondays & Wednesdays, 1-3 pm (eggs, produce, meat, dairy, cans, need ID)

**Star Outreach Neighbors Helping Neighbors-** 10775 W State St, Star, (208) 779-0046, Tuesdays, 1:30-3:30 (bread, produce, prepared meals) Thursdays, 3-5:30 pm (month food box, bread, produce)

**St Mark's Food Bank-** 7960 Northview St, Boise, (208) 327-0345, Monday-Friday, 10 am-1 pm (except holidays), (milk, eggs, bread, canned goods, meat, diapers, limit 1 visit per month, need ID & proof of address)

**St Mary's Food Bank-** 3890 W State St, Boise, (208) 345-2734, Monday & Friday, 11 am-3 pm (food boxes, frozen foods, dairy, eggs, diapers, limit 1 visit every 30 days, need ID for each member of family, proof of address)

**St Vincent du Paul Food Pantry- Meridian-** 6300 N Meridian Rd, Meridian, (208) 995-6697, Monday, Wednesday, Friday, 1-4 pm, Thursday, 5:30-7 pm (boxed and canned foods, bread, bakery items, produce, meat when available, limit 1 visit every 30 days, need ID)

**St Vincent du Paul Food Pantry- Boise-** 3209 W Overland Rd, Boise, (208) 333-1460, Tuesday & Friday, 10 am-12 pm (limit 1 visit every 30 days, need ID, drive thru system)

**Sulamita Food Pantry-** 1021 W 8<sup>th</sup> St, Meridian, (208) 409-7206, 2<sup>nd</sup> & 4<sup>th</sup> Saturday of the month, 10 am-12 pm

**Vineyard Christian Fellowship-** 4950 N Bradley St, Garden City, (208) 377-1477, Wednesday & Saturday, 10 am-12 pm (bakery goods, canned food, meat, limit 1 visit every 30 days, need ID, proof of address)

Sources: <https://idahofoodbank.org/>  
<https://www.foodpantries.org/>  
<https://selfrescuemanual.com/>

## Covid-19 Information

### What is Covid-19?

According to the CDC covid-19 (also known as the coronavirus) is a respiratory disease which is spread by droplets or tiny particles from an infected person through coughing, sneezing or talking. There are other variants like omicron and delta which you can still get even if your vaccinated. Some people don't even know they have had the virus because they didn't have any symptoms. Those 65 years and older or people who are immune compromised are at higher risk of getting the virus.

### How to protect yourself

The CDC highly recommends to slow the virus from spreading is to get vaccinated and to stay up to date on the covid-19 vaccines. Some other ways to protect yourself from the virus are to wear a mask, distance yourself from others, wash your hands frequently, sanitize, test yourself often, follow the recommendations from the CDC and take precautions when you travel.

### Where you can get vaccinated

Walgreens (walgreens.com) or 1800-walgreens

Primary Health (primaryhealth.com)

Rite-Aid

St Luke's, St Al's, or your local medical provider

### Where you can get tested

1. Walgreens-walgreens.com or call 1800-walgreens and will ask for location

#### How to schedule an appointment

[https://www.walgreens.com/findcare/covid19/testing?ban=covidfy21\\_newtesti\\_ngpg\\_3types](https://www.walgreens.com/findcare/covid19/testing?ban=covidfy21_newtesti_ngpg_3types)

Walgreens **has 3 options to test for Covid-19** (The website or phone call will ask you which test)

- *Polymerase Chain Reaction (PCR)* test (Diagnostic lab test)-This test is for travel and the results can take from 24-72 hours
- *ID Now* (Rapid Diagnostic test)-This test is for people who need to get tested if they have been around someone with covid-19 or to return back to work. This test results can take up to 24 hours.
- *BinaxNOW* (Rapid Antigen Test)-This test you can by online or in Walgreens stores. This test you must buy and then resubmit into insurance to get reimbursed. This test is for people who are following the CDC recommendation of getting tested and this test can take up 2 hours for results.

Once you have your appointment set up, you go to the drive through in your vehicle to get tested. You need an identification card to verify your appointment. Walgreens tests those age 3 and up for covid-19 for free.

Hours they test in drive through-9am-5 pm lunch break 1:30pm-2:00pm

## 2. Rite Aid Pharmacy

Rite Aid requires you to schedule an appointment on line. You may also be tested through the drive-through. They use a different website to schedule the covid-19 test, but start at riteaid.com. Then you look at top of page about scheduling your covid-19 test. You must be 4 years or older to get tested through Rite Aid.

- Require you to take a screener and email to continue to schedule an appointment.
- Takes 2-5 days to get results back.
- Here is the website link: <https://www.riteaid.com/pharmacy/services/covid-19-testing>

## Primary Health Covid Test

### Primaryhealth.com for all locations

Patients without symptoms can walk in and get tested for the virus. If you have symptoms, you need to call when you arrive and a nurse will come out to test you.

They do the PCR test with results returned to you in 48 hours or less.

More information can be found at the following websites:

<https://www.cdc.gov/dotw/covid-19/index.html>

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

## Obtaining a U.S. Passport

All information can be found at [Travel.State.gov](https://travel.state.gov)

### Apply in person if:

- You are applying for your first U.S. passport
- You are under age 16
- Your previous U.S. passport was issued when you were under age 16
- Your previous U.S. passport was lost, stolen, or damaged
- Your previous U.S. passport was issued more than 15 years ago

### Documents you will need:

#### 1. Provide evidence of U.S. Citizenship

You must submit one of the following. Your evidence must be an **original or certified physical copy**. A certified copy is any document that has the seal or stamp of the official issuing authority.

- Fully-valid, undamaged U.S. passport (may be expired)
- U.S. birth certificate that meets the following requirements:
  - Issued by the city, county, or state of birth
  - Lists your full name, date of birth, and place of birth
  - Lists your parent(s)' full names
  - Has the date filed with registrar's office (must be within one year of birth)?
  - Has the registrar's signature
  - Has the seal of the issuing authority?
- [Consular Report of Birth Abroad or Certification of Birth](#)
- Certificate of Naturalization
- Certificate of Citizenship

#### 2. Bring a photocopy of U.S. Citizenship Evidence

Submit a photocopy of the front (and back, if there is printed information) of the U.S. citizenship evidence, you are providing.

Photocopies must be:

- Legible
- On white 8.5"x11" standard paper
- Black and white
- Single sided

#### 3. DS-11 Application for A U.S. passport- <https://eforms.state.gov/Forms/ds11.PDF>

- You will need to print the application on one sided.
- DO NOT sign the application until instructed to do so by the acceptance agent

#### 4. Present ID

You must present one of the following identification documents (IDs) to the acceptance agent. The ID must readily identify you.

- Valid or expired, undamaged U.S. passport book or passport card
- In-state, fully valid driver's license or enhanced driver's license with photo
- Certificate of Naturalization
- Certificate of Citizenship
- Government employee ID (city, county, state, or federal)
- U.S. military or military dependent ID

- Current (valid) foreign passport
- Matricula Consular (Mexican Consular ID) - commonly used by a parent of a U.S. citizen child applicant
- U.S. Permanent Resident Card (Green Card) - commonly used by a parent of a U.S. citizen child applicant
- Trusted Traveler IDs (including valid Global Entry, FAST, SENTRI, and NEXUS cards)
- Enhanced Tribal Cards and Native American tribal photo IDs
- Other documents:
  - 1) In-state, fully-valid learner's permit with photo
  - 2) In-state, fully-valid non-driver ID with photo
  - 3) temporary driver's license with photo
    - **Note:** you may be asked to present an additional ID when presenting one of these three documents.

#### 5. **Bring a photocopy of ID**

Submit a photocopy of then front (and back, if there is printed information) of each ID that you present when you apply.

Photocopies must be:

- Legible
- On white 8.5"x11" standard paper
- Black and white
- Single sided

#### 6. **Provide a Photo**

You must provide one photo with your application. To avoid processing delays, be sure your photo meets all [photo requirements](#). Locations in the Treasure Valley that provide passport photos are:

- 1) UPS/FedEx Shipping Centers
  - 2) Walgreens
  - 3) CVS
  - 4) Walmart
  - 5) The best place overall is the United States Postal Service Office. The photos are cut to the correct size.
  - Do not attach or staple your photo to the form. The acceptance agent or passport employee accepting your form will review the photo and staple it.
  - Some [passport acceptance facilities](#) provide photo services for an additional fee.
- #### 7. Calculate Fees

**Adult Applicants** (Age 16 and older):

Product	Form	Application Fee	Execution (Acceptance) Fee
Passport Book	<a href="#">DS-11</a>	\$130	\$35
Passport Card	<a href="#">DS-11</a>	\$30	\$35
Passport Book & Card	<a href="#">DS-11</a>	\$160	\$35

**Child Applicants** (Age 15 and younger):

Product	Form	Application Fee	Execution (Acceptance) Fee
Passport Book	<a href="#">DS-11</a>	\$100	\$35
Passport Card	<a href="#">DS-11</a>	\$15	\$35
Passport Book & Card	<a href="#">DS-11</a>	\$115	\$35

**Please note:** The application fee and the execution fee are paid separately.

Expedited service costs an additional \$60. For information on forms of payment and a full list of fees and services, please see [Passport Fees](#).



**\*How to fill out your check**

**FULL NAME AND DATE OF BIRTH  
OF APPLICANT**

The diagram shows a check form with the following fields and labels:

- YOUR NAME**: 1234 Main Street, Anywhere, OH 00000
- DATE**: \_\_\_\_\_
- PAY TO THE ORDER OF**: U.S. Department of State
- \$**: \_\_\_\_\_
- DOLLARS**: \_\_\_\_\_
- ROUTING NUMBER**: 0044072324
- ACCOUNT NUMBER**: 0000123456789
- CHECK NUMBER**: 123

**8. Submit your completed Application**

**Inside the United States:**

- You must submit your completed application, including citizenship evidence, photocopy of ID, photo, and fees, in person at a [passport acceptance facility](#).
- You may be eligible to apply in person at a passport agency if you are traveling soon. Please see [Get My Passport Fast](#) for more information.

**9. Track your Application Status**

You can [track your application status](#) online.

# STD Testing (Importance & Resources)

If you're sexually active, getting tested for STDs at least yearly is one of the most important things you can do for your own health and to prevent spreading it to any sexual partners you may have, whether you have symptoms or not. An STD is a sexually transmitted disease, transmitted through vaginal intercourse, oral sex, and sometimes even just intimate skin to skin contact.

Testing is done typically by a blood or urine sample, and sometimes a swab of genitals. Some STDs are non-symptomatic but, you should be tested for:

- Chlamydia
- Gonorrhea
- HIV
- Hepatitis B
- Syphilis
- Trichomoniasis
- <https://www.healthline.com/health/sexually-transmitted-diseases/getting-tested#fa-q5>

**Planned Parenthood:** (800) 769-0045

3668 N Harbor Ln, Boise, ID 83703

2112 E Franklin Rd, Meridian, ID 83642

- Accepts most insurance companies and Medicaid
- Individuals 19 and over that meet the financial criteria may qualify for the Merck Vaccine Patient Assistance Program to receive the HPV vaccine free of charge
- [https://www.plannedparenthood.org/health-center/idaho/boise/83703/boise-health-center-2939-91810?utm\\_campaign=boise-health-center&utm\\_medium=organic&utm\\_source=local-listing](https://www.plannedparenthood.org/health-center/idaho/boise/83703/boise-health-center-2939-91810?utm_campaign=boise-health-center&utm_medium=organic&utm_source=local-listing)

**Southwest District Health Center:** (208) 455-5300

13307 Miami Ln, Caldwell, ID 83607

- Offers affordable STD testing; based on income and family size

**Stanton Healthcare: Women Only :** (208) 629-7766

2176 E Franklin Rd, Suite 130 Meridian

3684 N Harbor Lane, off State Street in Boise

- Provide STD testing and other health services for women at no charge.
- <http://www.stantonhealthcare.org/>

**Primary Health:** Multiple locations including

4815 Cleveland Blvd, Caldwell, ID 83605 - (208) 455-3545

1375 N Happy Valley Rd, Nampa, ID 83687 - (208) 809-2869

11197 W Fairview Ave, Boise, ID 83713 - (208) 378-8011

- No appointment necessary. Accepts most insurances and Medicaid. There might be a small co-pay as well.

# What do you need help with?



Locations of Food Pantries



Places to buy clothing



Where to buy low budget furniture



Support Groups in the Treasure Valley



Social Activities– how to get involved



Income-based medical fees

Take a look inside for answers to the list above and more...



## Collaboration Project

College of Western Idaho student services learners and the Youth Committee of the Idaho Juvenile Justice Commission with the support of Idaho Department of Juvenile Corrections created the Community Resource Handbook.

Disclaimer: No Federal funds were used to create this handbook and all information/contents of the handbook came from webpages and were verified as true and accurate at the time of posting. Please, if you have questions about the information, research the topic on the internet.